FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

| wasnington, | D.C. | 20549 |  |
|-------------|------|-------|--|
|             |      |       |  |

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APPROVAL             |           |  |  |  |  |  |  |  |  |
|--------------------------|-----------|--|--|--|--|--|--|--|--|
| OMB Number:              | 3235-0287 |  |  |  |  |  |  |  |  |
| Estimated average burden |           |  |  |  |  |  |  |  |  |
| hours per response: 0.5  |           |  |  |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person*  CTO Realty Growth, Inc. |                                                                                                                                |                                         | 2. Issuer Name and Ticker or Trading Symbol Alpine Income Property Trust, Inc. [ PINE ] |                            |                                                                                        |                                                                       |                  |                      |                                   | eck all<br>D                                                                                                    | applio<br>irecto               | cable)<br>or | 2                                                                                                                                                  | erson(s) to                                                                                                    | Owner                                     |                                                                         |                                       |               |            |  |
|-------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|-----------------------------------------------------------------------------------------|----------------------------|----------------------------------------------------------------------------------------|-----------------------------------------------------------------------|------------------|----------------------|-----------------------------------|-----------------------------------------------------------------------------------------------------------------|--------------------------------|--------------|----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|-------------------------------------------|-------------------------------------------------------------------------|---------------------------------------|---------------|------------|--|
| (Last) (First) (Middle) P.O. BOX 10809                            |                                                                                                                                |                                         |                                                                                         |                            | 3. Date of Earliest Transaction (Month/Day/Year) 05/05/2022                            |                                                                       |                  |                      |                                   |                                                                                                                 |                                |              |                                                                                                                                                    | elow)                                                                                                          | (give title                               |                                                                         | below                                 | (specify<br>) |            |  |
| (Street) DAYTO                                                    | FI 32120                                                                                                                       |                                         |                                                                                         |                            | 4. If <i>i</i>                                                                         | 4. If Amendment, Date of Original Filed (Month/Day/Year)              |                  |                      |                                   |                                                                                                                 |                                | Line         | Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person |                                                                                                                |                                           |                                                                         |                                       |               |            |  |
| (City)                                                            | (St                                                                                                                            | ate) (Z                                 | <u>Z</u> ip)                                                                            |                            |                                                                                        |                                                                       |                  |                      |                                   |                                                                                                                 |                                |              |                                                                                                                                                    |                                                                                                                |                                           |                                                                         |                                       |               |            |  |
|                                                                   |                                                                                                                                | Table                                   | 1 - 1                                                                                   | Non-Deriva                 | tive                                                                                   | Secui                                                                 | rities           | Acc                  | quir                              | ed, D                                                                                                           | isposed                        | of, o        | r Ben                                                                                                                                              | eficia                                                                                                         | lly O                                     | wne                                                                     | d                                     |               |            |  |
| Date                                                              |                                                                                                                                | 2. Transaction<br>Date<br>(Month/Day/Ye | Execution Date,                                                                         |                            | ,   T                                                                                  | 3.<br>Transaction<br>Code (Instr.<br>8)  4. Securities<br>Disposed Of |                  | s Acqui<br>f (D) (Ir | red (A)<br>istr. 3, 4             | or<br>and 5)                                                                                                    | d 5) Securi<br>Benefi<br>Owned |              | ties F<br>cially (I<br>d Following Ir                                                                                                              |                                                                                                                | Ownership<br>m: Direct<br>or<br>irect (I) | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership                     |                                       |               |            |  |
|                                                                   |                                                                                                                                |                                         |                                                                                         |                            |                                                                                        | c                                                                     |                  | ode                  | v                                 | Amount                                                                                                          | (A) o<br>(D)                   | r Pric       | е                                                                                                                                                  | Tra                                                                                                            | ansac                                     | orted (li<br>saction(s)<br>tr. 3 and 4)                                 |                                       | str. 4)       | (Instr. 4) |  |
| Common Stock 05/0                                                 |                                                                                                                                |                                         | 05/05/202                                                                               | 2                          |                                                                                        |                                                                       | P <sup>(1)</sup> |                      | 2,666                             | 666 A \$18.4                                                                                                    |                                | 3.4684       | 84 <sup>(2)</sup> 875,354                                                                                                                          |                                                                                                                | D                                         |                                                                         |                                       |               |            |  |
| Common Stock 05/09/                                               |                                                                                                                                |                                         | 05/09/202                                                                               | 22                         |                                                                                        |                                                                       | P <sup>(1)</sup> |                      | 1,300                             | A                                                                                                               | \$1                            | \$18.2722(3) |                                                                                                                                                    | 876,654                                                                                                        |                                           | D                                                                       |                                       |               |            |  |
|                                                                   |                                                                                                                                | Tal                                     | ole                                                                                     | II - Derivati<br>(e.g., pu |                                                                                        |                                                                       |                  |                      |                                   |                                                                                                                 | posed o                        |              |                                                                                                                                                    |                                                                                                                | y Ow                                      | ned                                                                     |                                       |               |            |  |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)               | Derivative Security (Instr. 3) Price of Derivative Security    Date (Month/Day/Year)   Execution Date, if any (Month/Day/Year) |                                         | 4.<br>Transa<br>Code<br>8)                                                              | ·<br>                      | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) |                                                                       | Expiration Date  |                      | An<br>Se<br>Ur<br>De<br>Se<br>3 a | 7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)  Amoun or Numbe of Title Shares |                                | int<br>eer   |                                                                                                                                                    | 9. Numbe<br>derivative<br>Securities<br>Beneficia<br>Owned<br>Following<br>Reported<br>Transacti<br>(Instr. 4) | ly                                        | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4 | Beneficial<br>Ownership<br>(Instr. 4) |               |            |  |

## **Explanation of Responses:**

- 1. The purchases reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on October 27, 2021 and last modified May 3, 2022.
- 2. The price reported is a weighted-average price. These shares were purchased in multiple transactions at prices ranging from \$18.41 to \$18.49, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth above.
- 3. The price reported is a weighted-average price. These shares were purchased in multiple transactions at prices ranging from \$18.25 to \$18.30, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth above.

/s/ Daniel E. Smith, Senior Vice President, General Counsel & Corporate

05/09/2022

Secretary of CTO Realty

Growth, Inc.

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.